



McClellan Air Force Base, Calif.

Nov. 13, 1998 Vol. 39, No. 43

# SPACEMAKER

SM-ALC vision statement: "Completing the mission of McClellan AFB with professionalism and honor"



AT A  
GLANCE

## Hail & Farewell

The next McClellan Hail & Farewell is will be today, 3 p.m. at the Officer's Club. This is a mandatory formation for all officers assigned to McClellan Air Force Base.

## FSC closes

The Family Support Center will be closed Monday for in-house training. Emergency walk-in service will be available. Full-scale operations and service will resume Tuesday at 7:30 a.m.

For more information, call 643-1106.

## Retirees flu shots

The 77th Medical Group will give flu shots to retirees and their spouses Tuesday at the Base Theater. Shots will be given from 8 a.m. to 3 p.m., if the serum lasts that long.

If you have any questions, call the Retiree Activities Office at 643-2207.

## Thanksgiving service

A Thanksgiving service will be held at the Base Chapel. All are invited to attend Nov. 25, 5-6 p.m.

There will be singing, giving thanks and cornucopia distribution.

Canned food donations will be accepted. For more information, call 643-6021.

## Spacemaker

The *Spacemaker* will not be published Nov. 26 due to Thanksgiving Day.

## Cold Turkey

The Base Library will hold a Cold Turkey contest in conjunction with the Great American Smoke-out Nov. 19. Register to quit smoking for a day, week, month or forever. Prizes will be drawn from those who register. For more information, call 643-4640. See page 5 for more Smoke-out information.

## Inside

Commentary	Page 3
Personnel News	Page 4
Crime Beat	Page 9

## Preparing for the rain



U.S. Air Force Photos by Edward Rivera

**Above:** Senior Airman Chris M. Wilfong shovels sand into a bag held by Airman Rodney L. Randall Jr., pavement construction equipment operators with the 77th Civil Engineers Squadron. The sandbags are being prepared for use during heavy rains. **Inset:** Left to right, Randall and Wilfong stack sandbags getting ready for possible flooding this winter.

## Avoid the credit card blues: do the right thing to update AMEX to Visa

1st Lt. Darral Brown  
Financial Services Office

The database transfer of the AMEX accounts to NationsBank has not happen as planned.

American Express government travel card program will terminate services for nearly a million defense cardholders Nov. 30.

AMEX will turn off at 11:59:59 GMT (6:59:59 EST, 3:59:59 PST) Nov. 29. Exactly one second later, the NationsBank Visa will activate.

Previously, NationsBank planned to bulk-ship the cards to the Base Agency Program Coordinator. Instead, NationsBank has been mailing the cards directly to the cardholder's home address. NationsBank plans to have all cards issued by Nov. 25. Cardholders whose AMEX account was current Aug. 1 and who have not received a card by Nov. 25, should contact their unit APC.

The APC should contact NationsBank (1-800-472-1424) to verify the card's status. The Financial Services Office will give cardholders traveling TDY or PCS

between Oct. 15 and Dec. 15 an Electronic Funds Transfer travel advance prior to their departure.

Card recipients should activate their card by calling the toll free number listed on the card and input their card verification code they received from NationsBank separately. If they misplaced or inadvertently discarded the verification code, they must call NationsBank's customer service at 1-800-472-1424 to activate their card. There will be a toll free number on member's leave and earnings statements. It is incorrect.

Also enclosed with the card is a Cardholders Agreement form. The Cardholder should sign the Cardholders Agreement form, but not initial the consent for the credit check and return to NationsBank in the enclosed envelope.

If you do not return the Cardholders Agreement form, your card will automatically be deactivated even if you have previously activated it by phone.

Additionally, card recipients must maintain their AMEX card until Nov. 30. Although they may have activated their NationsBank Visa

card, the card will not work until Nov. 30.

Cardholders whose AMEX accounts were current Aug. 1 will still receive a "standard card." The standard card has a \$5,000- \$10,000 credit limit per billing cycle. The ATM cash withdrawal limit is \$500 per billing cycle with a retail limit of \$250 per billing cycle. Billing cycles are the same Air Force wide for the NationsBank VISA card. Each cardholder will be billed on the 3rd of each month.

Cardholders whose AMEX card was suspended or canceled as of Aug. 1 will have to apply for the NationsBank Visa card effective Dec. 1.

As a part of the application process, members will have to consent or decline to a credit check. NationsBank will limit members who decline the credit check to a restricted Visa card with a \$1,250 credit limit, \$200 ATM credit limit, and a \$50 retail credit limit.

These are significant changes from the previous guidance. If you need more information, call Deana Acosta at 643-4141.



## ACTION LINE

**643-3344**  
**Action Line**  
77 ABW/CC  
5241 Arnold Ave.  
McClellan AFB, CA 95652-1086  
**email: Actionline**

Since I've been your wing commander, I've had much opportunity to hear from you on how we can make things better. This **Action Line** has been a key avenue and remains a good means to obtain feedback on how we're doing and how we can improve.

If you have or see a problem, try to work it through the responsible agency or activity first, since that will provide the most rapid resolution or action. If you still can't get the problem resolved, then try to work it through your chain of command. If the problem still exists after you've taken these two steps, then let me know so we can try to help.

In your request, please be brief, but include enough information to address the entire issue. Also, please let me know the specific action you want taken. I need your name, duty phone, and address so that we may send you a written response. I treat each call very seriously



**Col. W.P. "Bear" Ard**  
**77th Air Base Wing commander**

and read each response. If I feel the issue is of interest to the entire McClellan community, we may also print it and the response in the **Spacemaker**.

Our overall goal is to better serve you. In this same vein, we also like to highlight those areas that provide high quality or exceptional support, so we can build upon and expand them. To do these things, I need your involvement.

I also welcome your input in other ways. On a quarterly basis, I hold Town Hall meetings with community members, and I regularly meet with various groups on base (the Chiefs, First Sergeants, etc.). Please plug into one of these avenues to get your voice heard. You have a say in how we serve you!

AAFES.....	920-0537
Civilian Pay.....	643-6725
Civil Engineering.....	643-5624
Civilian Personnel .....	643-2860
Commissary .....	643-4954
Crime Stop Hotline.....	643-6161
Dining Hall .....	643-5092
Family Support Center.....	643-1106
Focus Center #1 .....	643-5661
Fraud, Waste & Abuse .....	643-6000
Housing .....	643-6221
Legal .....	643-3150
Lodging .....	643-6223

Medical .....	Appointment Desk -- 643-8400
.....	After Hours -- 643-7212
.....	TRICARE Service Center -- (800) 242-6788
Military Pay.....	643-6965
Military Personnel .....	643-1094
Public Affairs .....	643-6127
Retiree Activities .....	643-2207
Security Forces .....	643-6160
Services .....	643-6660
Social Actions .....	643-3322
Supply .....	643-5213
Uniform Questions .....	643-4051

## SPACEMAKER

### Air Force Vision

*"Air Force people building the world's most respected air and space force ... global power and reach for America"*

### Air Force Materiel Command Vision

*"Quality Systems for America's Air Force"*

This funded Air Force newspaper is an authorized publication for members of the U.S. military services. It is printed under contract by *The Auburn Journal*, of Auburn, Calif. Contents of **SPACEMAKER** are not necessarily the official views of, or endorsed by, the U.S. Government, DoD, or the Department of the Air Force. The editorial content is edited, prepared, and provided by the Public Affairs Office at McClellan Air Force Base, Address: SM-ALC/PA (**SPACEMAKER**) 3237 Peacekeeper Way, Ste. 5, McClellan AFB, CA 95652-1048. Phone: (916) 643-6100 or DSN 633-6100. **Deadlines** for articles or photos is noon, Thursdays, one week prior to publication date. To email stories or information for publication in the **SPACEMAKER**, send to stubbs.ester@email.mcclellan.af.mil. Photos are U.S. Air Force photographs, unless otherwise indicated.

Sacramento Air Logistics Center  
Bldg. 200, Room 125  
(916) 643-6100

<http://www.mcclellan.af.mil/PA/spc.htm>

### Public Affairs Editorial Staff

Brig. Gen. Michael P. Wiedemer ..... SM-ALC Commander  
Col. W. P. Ard ..... 77th ABW Commander  
Maj. Robert J. Gonzales ..... Director, Public Affairs  
Victoria R. Merriweather ..... Chief, Internal Information  
Ester A. Stubbs ..... Editor  
Laura J. Williams ..... Staff Writer  
Edward Rivera ..... Staff Writer

## Need a shower

**Q** As a civilian mechanic and a bicycle commuter, I am finding it difficult to find a convenient time and place to shower on base after my morning ride to work. Originally, I showered at my workplace, Bldg. 241A, until these showers were deemed useable only in emergencies. At that point I had to change my work shift so I could use the Rafferty Hall showers which don't open until 6:30 a.m. Now I have learned that I must purchase a club membership to use the showers there.

Is there anywhere to go to just take a shower for a work shift that begins at 6 a.m.? I commute 15 miles each way and not showering is not an option. I must not be the only bicycle commuter on base that faces this dilemma.

**A** There are many shower facilities available on base for bicycle commuters. Among these are buildings 242, 250B, and 269B. The complete list of facilities can be found on the MCClellan web site at [www.mcclellan.af.mil/rideshare/bicycle.htm](http://www.mcclellan.af.mil/rideshare/bicycle.htm).

You do not need to be a Fitness Plus member to use the showers at Rafferty Hall. If you have any further questions, or would like to join Fitness Plus, feel free to contact Staff Sgt. Donovan Krueger at 643-0701.

## Quiet retreat

**Q** My question is in referenc to the official end of the duty

day, otherwise known as retreat. On two separate occasions, I was out and about by the Base Exchange at around 5 p.m. I could barely hear the sounding of retreat, much alone the national anthem. I know I don't have a hearing problem, because I observed a few others with the same problem.

On one of the days the Pride landscapers were outside and working, which added and even greater obstacle to the already present problem. I was wondering if there was some way of obtaining a solution to this problem, (i.e.; the volume). When retreat sounds everyone should look like a fashionable, respectful military unit.

**A** I appreciate your concern about the playing of the national anthem and paying proper respect to the flag.

In response to this same concern, as raised by the Wing Airmen's Council, we recently relooked retreat and the national anthem played at 5 p.m. each day.

The amplifier was replaced, the volume was increased, the speakers redirected, and a better quality copy of the national anthem was obtained. At their request, we also looked at playing retreat and the national anthem over the base's Giant Voice system; however, it was determined that this system was incapable of handling this kind of regular use without significant repairs and upgrades.

We recognize that on a base this size, not everyone will be able to hear retreat and the anthem. But for

those who do, we also ask that proper courtesies and respect be rendered.

## Going Postal

**Q** I am a contractor on base. I was interested in signing up to take the post office exam. I was told that only federal employees were allowed to do this. Who made this policy?

**A** The U.S. Postal Service located in Sacramento, in an effort to help McClellan Air Force Base employees transition to other federal employment in the local area, is planning to conduct on-base testing.

The Postal Service is able to afford current "competitive service" (career and career-conditional) employees non-competitive employment opportunities, on the basis that they are eligible to transfer from one federal agency to another.

Unfortunately, Contract NAF, active military and other non-federal employees are not eligible for this non-competitive opportunity. However, they are encouraged to contact any local post office for information on testing open to the general public.

## Saturday mail

**Q** I would like to know why I'm no longer receiving mail on Saturdays?

**A** The 77th Communications Squadron provides a 24-hour/7-day e-mail operation.

Occasionally, the Exchange computers are taken down for announced upgrades or maintenance.

Less frequently, the e-mail system may go down due to hardware or software failure, but it is generally fixed promptly.

Specific e-mail problems should be addressed to your Exchange Point of Contact, who will either resolve the problem or elevate it to the Exchange support group for resolution.

## Fire sprinklers

**Q** Building 243C is a mobile type of building. It does not have a sprinkler system. This could be dangerous in the event of a fire.

**A** It is hard to be precise without specific information, but in general, Bldg. 243 is equipped with automatic fire sprinklers throughout each bay of the facility.

Last summer, several areas were identified by the Fire Department as requiring sprinkler protection. Those areas consist primarily of small, temporary supervisor's offices.

The branch chief for C Bay has already identified which offices will be retained and which will be removed. For those offices which will continue to be used, a project has been initiated to get the sprinklers installed.

We appreciate your concern for fire safety in your building and thank you for your comments. We also recommend you contact your branch chief for the most current information on upgrades to your building.

# U.S. Air Force: A proud, unique profession

**Eric W. Benken**

Chief Master Sgt. of the Air Force

Each of us who wears the uniform of our armed forces serve in a unique profession, members of a great team, where the bottom line of our efforts is freedom, not profit. We serve in a profession where words transcend their traditional sense and take on new meaning — words like courage, valor, pride, dedication, character, loyalty and trust.

We measure each other with these words. We insist upon a higher standard. We have to because our lives are intertwined. We must rely on each other implicitly because our very lives depend upon it.

The uniform you wear is an outward symbol for our nation and our adversaries. In your uniform our nation reaps confidence that we can fight and win her wars.

Every time you put on that uniform, every time you polish your metal, adjust your cap, steam out the wrinkles, put edge dressing on your shoes and anguish over the placement of your medals and

collar brass, I want you to remember something.

You represent a long line of fallen heroes that have gone before you who deserve your consideration. Remember the hundreds of thousands of men and women who have given their lives on the battlefield to preserve freedom. Remember those who lie in national cemeteries around the world for what they did for this great nation.

There are the hundreds of thousands of veterans who carry the wounds of many wars and suffer the pain of sacrifice. Remember each time you work in cold, miserable weather that thousands of Americans remain missing in action, their whereabouts unknown. And remember those who were imprisoned for years on foreign soil and endured torture and maltreatment at the hands of a brutal enemies.

When you pay final respects to a fallen vet-

eran, look into the eyes of a spouse or parent who has lost a loved one who has worn the uniform.

Then remember that this world is still a dangerous place. We must work hard to preserve freedom every day around the world.

Our nation's flag is the symbol of democracy and freedom, something many have shed their blood to preserve. Each of us has pledged our allegiance to this awesome symbol, and we entrust the honor guard with her safekeeping.

Airmen who wear the uniform are role models for America. You are a composite of America: men and women of diverse backgrounds and cultures. When we look at you, we see pride in ourselves. We see a bright future.

We see the Air Force of the next century. Wear your uniform with distinction, honor and with great pride because you are the embodiment of who we are and what we stand for.

**“Wear your uniform with distinction, honor and with great pride because you are the embodiment of who we are and what we stand for.”**

## Retired Chief Master Sgt. sets standards for success

**Lt. Col. Don Huxtable**

Logistics and Engineering Director

Retired Chief Master Sgt. Katherine T. Leggett is an extraordinary airman who was a trailblazer in women's accomplishments. She is a role model for all who serve in the United States Air Force. During her active duty years, she established benchmarks for performance and success which few have equaled in the history of the Air Force. Her achievements in numerous highly visible and important roles for the Air Force Technical Applications Center in support of the United States Atomic Energy Detection System read like a veritable page from “Who's Who in America.”

Upon completion of basic training in 1976, Chief Leggett was among the first women accessed into AFTAC's special electronics career field. After excelling as a laboratory technician at the Technical Operations Division, where she analyzed nuclear samples from around the globe to determine compliance with international test ban treaties, she was selected as the first female Special Equipment Operator aircrew member on weather reconnaissance C-135 aircraft in 1979. From there, she made Air Force history participating in a B-52 aircraft sampling sortie, and became the first woman to log flight time as a crewmember on that weapon system. This required Headquarters USAF approval to allow a woman to fly aboard a combat aircraft.

Following her initial tenure at TOD, she was assigned to Headquarters AFTAC at Patrick Air Force Base, Fla. There she served in the Reconnaissance Operations Branch managing a significant portion of the



Retired Chief Master Sgt.  
Katherine T. Leggett

\$17 million Nuclear Debris Collection and Analysis program. Then a staff sergeant, she flew with both the Navy and the Air Force on some of our nation's most sensitive nuclear sampling missions directed by the Joint Chiefs of Staff. She also was certified as a flight instructor and aircrew evaluator. Her accomplishments at AFTAC were so significant that she was selected as one of the Air Force's 12 Outstanding Airmen of the Year in 1984. She was promoted to the grade of technical sergeant under the Stripes for Exceptional Performers program in the same year.

Later, Chief Leggett served for three years in the Pacific Theater and then returned to TOD, where she became superintendent of airborne operations. During her 14 years as an AFTAC aircrew member, she logged over 3,500 hours in weather reconnaissance C-135, C-130, B-52 and Navy P-3 aircraft.

Included in that record setting flying time, she participated in treaty monitoring missions. She also led special airborne operations for force protection during Operation

DESERT STORM.

In 1993, Leggett added another “first” to her list of accomplishments. She became AFTAC's first woman to assume duties as a seismic research station superintendent. Tackling a remote assignment in the outskirts of Ankara, Turkey, her superlative leadership was key to breaking a 10-year impasse between the United States and the Turkish government to modernize AFTAC's seismic array. She established a standard for cooperation between allies on both the Turkish and U.S. sides which facilitated a \$10 million array relocation project and Turkey's contribution to a Comprehensive Test Ban Treaty. Further, she forged new support arrangements when her host base at Ankara Air Station closed as part of the European troop strength drawdown. Her comprehensive planning assured continuing the gamut of services from housing, civil engineering, to medical needs by alternative means. Combined with her aggressive management of facility renovation projects, her outstanding stewardship over this key nuclear monitoring station culminated in the unit being selected for the coveted Department of Defense Commander-in-Chief's Installation Excellence Award in 1994.

During her tour in Turkey, Leggett became a “first” again. She was selected for promotion to chief master sergeant with only 17 and a half years of service, becoming the first female chief in the annals of AFTAC. Her follow-on assignment from overseas duty returned her to TOD where she served out the rest of her career. While at TOD, she had no less of an impact. As superintendent of the Logistics and Engineering Directorate, she played a

pivotal role in sustaining 35 major systems valued at more than \$65 million. Her maintenance division kept both field collection and laboratory analysis equipment reliability at a record high 95 percent. She chronicled their superlative performance and they were selected the Air Force Outstanding Small Depot Maintenance Organization. Similarly, her logistics distribution function was recognized perennially as the Supply Account of the Year award winner at major command level.

Through good times and bad, Chief Leggett's caring leadership had profoundly positive effects on her organizations. Such was the case when the Base Realignment and Closure Commission decided to shut down McClellan Air Force Base and all the Air Force tenant units, including TOD. Her participation in planning and executing her 309-person unit's transfer of logistics to San Antonio and for outsourcing the workload of three nuclear forensics laboratories will save the Air Force more than \$100 million in out-year costs. She shepherded the process for reassignment of every one of her troops to ensure they were taken care of throughout the transition.

Chief Leggett was a pioneer and icon in AFTAC's 50-year history. She retired Sept. 10 after 22 years of military service. In her own quiet, yet resolute way, she left a legacy of “firsts.” Perhaps more significantly, she also sported a track record of “bests.” Throughout her career, the impact of Leggett's extraordinary accomplishments should not be measured by the fact she was the first woman to pave the way for others, rather that she set a new standard of excellence for all airmen.



# Personnel system goes virtual

Doug Gillert  
American Forces Press Service

Ever wonder how your personnel office classified that job you wanted — or the one you already have but would like to see upgraded?

Or, maybe you need to know if your active military service gives you special “return” privileges to your former civil service position? Perhaps you wondered what qualifies as compensatory time off and how you go about getting it? What real estate assistance will the Department of Defense provide you during a move to a new job at a new location?

There are always regulations you can pore through, personnel specialists you can query by phone or, if you’re lucky enough to get the address, e-mail.

But chances are, if you’ve ever changed jobs or moved in civil service, you’ve encountered some pretty stubborn obstacles.

Here’s a surprise: DoD wants to make it easier for you to get the answers to the civil service questions haunting you. In fact, the Civilian Personnel Management Agency — DoD’s civilian personnel command central — has made answers to these and many other questions “virtually” a mouse click away.

Welcome to VIP — Virtual Interactive Per-

sonnel — now available on the Internet at <http://www.cpms.osd.mil/>. Here, you’ll find an A - Z listing of virtually any civilian personnel question you have, without being put on hold or having to wait beyond human endurance for an e-mail response.

So, here are a few of the useful tidbits found therein:

- The General Schedule classification system consists of 22 broad occupational groups, with each group including separate series. Levels of duties and responsibilities determine grades. This site contains full details for both General Schedule and Wage Grade system positions.
- Civil servants who subsequently enter the military have return rights after up to five years of active duty.
- Agencies alone can grant compensatory leave in lieu of overtime payment.
- DoD will help you sell your home at your current location and purchase a home at your new one — and you have two years to file reimbursement claims.

The Civilian Personnel Management Agency recommends use of Virtual Interactive Personnel by employees, employers, supervisors and managers. The agency also recommends you contact your human resources office before making any career-changing decisions.

# Tinker to offer 225 positions

Courtesy of Civilian Personnel

Representatives from Tinker Air Force Base, Okla., will be here Nov. 17 - 18 to interview for 225 positions. Job offers will be made on the spot for the following positions:

- Sheet Metal Mechanic  
WG-3806 08 & 10
- Electrical Integrated System Mechanic  
WG-2610 12
- Electrical Mechanic  
WG-2604 10 & 11
- Aircraft Electrical System  
WG-2892 10
- Painter  
WG-4102 09
- Plastics worker  
WG-4352 09
- Pneudraulic System Mechanic  
WG-8255 09

This list is subject to change.

Interested personnel must have updated career brief and production acceptance certificate records. For an appointment, call FOCUS Center #1 at 643-5661.

# Improve skills: invest in Job Training Partnership Act

Courtesy of Civilian Personnel Office

If you want to increase your chances of employment after base closure, invest in the Job Training Partnership Act program. The program is administered locally by the Sacramento Employment and Training Agency. It is designed to help employees improve their skills or gain other skills to help them obtain new employment.

All McClellan employees are eligible to take advantage of Rapid Response Services. Courses such as Occupational Exploration I, Resume Writing and Interviewing Techniques, are examples of these services.

If you have been terminated or have received a notice of separation, including mock reduction in force notices with a specific date of determination, you may begin Basic Readjustment Services. These services provide JTPA transitional assistance to persons certified and enrolled. Many employees have availed themselves of Rapid Response assistance and another 812 have been certified and enrolled in BRS.

It appears JTPA services are adequately funded and will be available during McClellan’s remaining two and a half years. SETA has been allocated a total of \$12,770,000 for the base’s program, \$600,000

of which are Rapid Response moneys. They have been given \$7,488,395 of the total and have spent \$5,159,739. Thus, \$2,328,656 from the initial apportionment and \$4,781,605 of the total funds are still available for retraining services. Also, SETA, the State of California Employment Development Department, Job Training Partnership Division and the McClellan Labor and Management Committee are carefully monitoring the program and funds to ensure employee needs are met. Additional grants could be requested from the Department of Labor, who is also carefully reviewing McClellan’s program to determine if current funds are sufficient.

# FOCUS Center Jobs

*This section contains some of the job announcements available at the McClellan FOCUS Centers. For additional information, contact one of the FOCUS Centers: #1 643-5661; #2, 643-0086; #3, 643-6808. Focus Center #1 is open until 7 p.m Thursdays.*

<b>Position:</b> Police Officer, GS-0083-04/07 <b>Annc#:</b> LES ASF-09 <b>Close:</b> Open Indefinite <b>Agency:</b> Bureau of Indian Affairs <b>Location:</b> Northern Calif. <b>POC:</b> Audrey Duran (505) 346-7573 <b>Remarks:</b> Review vacancy announcement and contact agency for additional information, KSAs or forms.	<b>POC:</b> Inga Chow (916) 978-5471 <b>Remarks:</b> Review vacancy announcement and contact agency for additional information, KSAs or forms. This position requires submission of a Supplemental Experience Form.	tion, KSAs or forms.	<b>Location:</b> Sacramento <b>POC:</b> Inga Chow (916) 978-5471 <b>Remarks:</b> Review vacancy announcement and contact agency for additional information, KSAs or forms.
<b>Position:</b> Maintenance Worker I, BB-4749-00 <b>Annc#:</b> BOR-MP-98-206 <b>Close:</b> Nov. 19 <b>Agency:</b> Bureau of Reclamation <b>Location:</b> Folsom	<b>Position:</b> Animal Caretaker, WG-5048-05 <b>Annc#:</b> FWS1-98-444 <b>Close:</b> Nov. 19 <b>Agency:</b> Fish & Wildlife Service <b>Location:</b> Shasta Lake <b>POC:</b> Inga Chow (916) 978-5471 <b>Remarks:</b> Review vacancy announcement and contact agency for additional informa-	<b>Position:</b> Reclamation Guide, GS-0090-05 <b>Annc#:</b> BOR-MP-98-205 <b>Close:</b> Nov. 19 <b>Agency:</b> Bureau of Reclamation <b>Location:</b> Folsom <b>POC:</b> Inga Chow (916) 978-5471 <b>Remarks:</b> Review vacancy announcement and contact agency for additional information, KSAs or forms.	<b>Position:</b> Realty Specialist (Appraiser), GS-1170-11/12 <b>Annc#:</b> BOR-MP-98-203 <b>Close:</b> Nov. 23 <b>Agency:</b> Bureau of Reclamation <b>Location:</b> Sacramento <b>POC:</b> Inga Chow (916) 978-5471 <b>Remarks:</b> Review vacancy announcement and contact agency for additional information, KSAs or forms.
	<b>Position:</b> Secretary, GS-318-05 <b>Annc#:</b> BIA-SA-98-79 <b>Close:</b> Nov. 17 <b>Agency:</b> Bureau of Indian Affairs		

# Great American Smokeout: what a difference a day makes

Courtesy Health and Wellness Center

When you quit smoking, the accumulation of cancer causing tar stops. The carbon monoxide level in your blood drops. The oxygen level in your blood increases. Your blood pressure lowers toward normal. Your pulse rate returns to a normal range. Your chances of a heart attack decreases.

Quitting smoking for just one day can have immediate, positive effects on your health. So why not go cold turkey? Join the nearly 18 million smokers who will quit for a day during the Great American Smokeout Nov. 19. Make a

pledge to quit for a day, a month or forever.

Come out and participate in the Talbot Fitness Center Turkey Trot at noon for a five kilometer walk or run. Participants who complete the event will receive a T-shirt. If you don't smoke, come out and support those who have pledged to quit.

All graduates of the Health and Wellness Center Tobacco Cessation Program and class facilitators are invited to form a special group.

The HAWC offers Tobacco Cessation Classes monthly during the day and in the evenings. For more information about the classes or event, call the HAWC at 643-4648.



U.S. Air Force Photo by Laura J. Williams

# Base legal office ready to assist and advise

Air Force bases are communities of Air Force people and families, all with a host of personal needs such as those handled at the legal office.

Officially called the office of the staff judge advocate, attorneys and paralegals there are ready to give advice on personal and civil legal matters. The legal assistance program's primary duty is to provide mission-related legal assistance to enhance command readiness and effectiveness.

For active-duty members and their family members, and for reservists and guardsmen on federal active duty (and their family members), this assistance includes wills, powers of attorney, notary service, advice on the Soldiers' and Sailors' Civil Relief Act and landlord-tenant issues, and tax assistance.



Legal assistance attorneys also provide help on involuntary allotment issues and other mission-related problems. Civilian employees overseas and their family members are also entitled to legal aid.

The base legal office might also be able to help retirees and others as resources and expertise permit. For those on the go, pamphlets and brochures are available on a variety of legal topics. For those who just like the convenience of "surfing" for basic legal information on their home computers, many base legal offices are "on line" with in-

formation and services.

Another significant benefit available at legal offices worldwide is the personnel claims program. This program reimburses claimants for loss or damage to personal property caused by military service or because personal property was on a military installation. The best example is damage or loss to household goods moved as a result of a permanent change of station.

When you report your damage or loss to the claims section of the base legal office, you'll find Air

Force paralegals and claims officers to help ensure you get fair reimbursement. They will instruct you on the claims process, get you the necessary forms, help you get estimates and guide you through the paperwork to facilitate your claim.

When natural calamities such as floods or hurricanes strike an Air Force base, the claims team from the base legal office will be among the first to respond. This way Air Force members and their families can get the financial resources needed to quickly snap back from damage or loss.

In short, there is a wealth of advice, service, and information available at the base legal office, leading a program that puts people first.

For more information on legal services call 643-3150.

# Air Force negotiates discounts for Microsoft products

**MAXWELL AIR FORCE BASE - GUNTER ANNEX, Ala. (AFPN)** — Air Force users may now obtain a variety of bundled Microsoft products at special, discounted prices.

An estimated 300,000 Air Force users are expected to use this new agreement, delivering more than \$17 million in savings over General Service Administration prices.

More than \$15 million in additional savings are available for the Air Force to reap as long as they meet negotiated volume targets, according to Lt. Col. Glenn Taylor, director of Standard Systems Group's Commercial Information Technology Product Area Directorate.

Rather than optimizing one configuration and losing many Air Force customers with unique requirements to higher-priced GSA

contracts or commercial sellers, the Standard Systems Group negotiated three different Microsoft product bundles.

"The three product bundles provide a combination of flexibility for the customer and deeply discounted prices that accompany high volume purchases," Taylor said.

The agreement also provides services by a recognized integration contractor, credits for some Microsoft products already in the field, and streamlined procedures to accommodate the deployment of Air Force units with upgraded software products. Part of the agreement's more than \$17 million in promotional

savings includes incentives for using the products in laboratory, command and control, and training facilities.

***The three product bundles provide a combination of flexibility for the customer and deeply discounted prices that accompany high volume purchases.***

The cost-cutting provisions are the result of an innovative agreement between the CITPAD and Lockheed Martin Federal Systems Division in Owego, N.Y. SSG, located

here, is an element of Electronic Systems Center at Hanscom Air Force Base, Mass.

"The additional flexibility, special terms, and ability to upgrade from one configuration to another makes this arrangement a 'best value' for Air Force users of Microsoft products," Taylor said.

"The Microsoft volume discount agreement under the Global Combat Support Systems-Air Force contract will give Air Force major commands and organizations the ability to deploy common, current configurations of Microsoft products, improve interoperability, and allow warfighters to have a common operating environment," he said.

Taylor said representatives of Air Combat Command and Air Force Materiel Command were involved in the agreement to ensure the configurations offered meet user requirements.



# OPTEMPO takes toll on Air Force families

**F. Whitten Peters**

Acting Secretary of the Air Force

As your Acting Secretary, I am acutely aware of the strains that life in today's Air Force puts on you and your family.

In recent months, I've visited many stateside and overseas bases to assess the readiness of our forces, and I've seen firsthand the effects of our high operations tempo.

Now, I want to share my impressions with you and discuss the things we're doing to improve life in the Air Force.

What stands out most is the remarkable reservoir of energy, teamwork, talent and positive attitude I see in you and your loved ones. Despite the exhaustion of deployments and long hours of work at home, you have set aside personal ambitions and opportunities for greater financial rewards, faced separation from your family and placed yourself in harm's way. I am extremely proud of

what you're doing for America, especially at this time when you must perform heroically with aging equipment and insufficient supplies.

It's also clear to me that many of you are deployed too often. Or you are overworked when at your home base because you're doing both your job and the jobs of those deployed.

Our increased operations tempo — the result of reducing forces by 33 percent while increasing deployments fourfold — has put heavy strains on you and your family. As Chief of Staff General Mike Ryan and I said in August, you've done everything we've asked — and more — but we've been asking too much. This will stop with our reorganization into an Expeditionary Aerospace Force, or EAF, over the next 12 months.

The EAF will significantly reduce the strains of OPTEMPO by spreading the load of deployments across the Total Force and by increasing the number of airmen assigned to specialties that

frequently deploy. This organizational reform will provide you predictability and stability and, at the same time, will provide our warfighting commanders in chief more flexible, tailored and better-trained forces.

You'll begin to see the benefits of the EAF in early 2000, when our first Aerospace Expeditionary Forces are established and operating. At that point, OPTEMPO demands on our people will drop dramatically. The situation will improve even more over the next several years as we add 5,000 people to high-deployment career fields like security forces, civil engineering and communications.

The EAF will help us manage your OPTEMPO, but we know your family also needs help. We've worked hard to provide a wide array of information and services to help families deal with the strains of high OPTEMPO. Our family support centers are working well, but many families are not aware of the services available.

We must do a better job spreading the word on how to get help. I've discussed this issue with commanders, senior enlisted advisors, chaplains and first sergeants, and I believe you'll see more emphasis on getting information to your family.

SEE EAF PAGE 12



F. Whitten Peters

## Food box drive will give a hand up, not hand out

**Cathy Harvey**

Instrument Mechanic Commodities Directorate

Many of McClellan's military and civilian employees were disappointed when Operation Santa Claus completed its last food box drive just before Christmas 1996. The good news is that TLC Soup Kitchen will once again provide food boxes to the Sacramento community for the holiday season. Picking up where Operation Santa Claus left off the year before last, the food box program is now known as "TLC Feed the Children."

Last year, 204 military families and 227 civilian families were identified by McClellan to receive food boxes—just a small portion of the 5100 food boxes distributed throughout the Sacramento area.

McClellan personnel played a big

part in the success of last year's efforts. Donations of canned foods, manpower, dollars and involvement of numerous volunteers enabled TLC Soup Kitchen to serve the needs of the community by giving people "a hand up, not a hand out."

This year TLC needs your involvement and support. TLC will be accepting donations of canned goods through the first of December. The actual production line for filling/constructing the food boxes will begin Dec. 7. Delivery of food boxes is scheduled Dec. 17 - 19.

As long as McClellan is here, let's carry on the tradition of supporting this great effort to provide food boxes for needy families. With your help, over 5,000 boxes will be delivered this December in the Sacramento area. Volunteers can contact the TLC's executive director for the project, Mary Watts, 317-2395 or

565-1848. Base organizations who want to organize a canned food collection or contribute to the food drive can coordinate their efforts with Col. Mike Turner, 643-6244; Master Sgt. Wesley Wheeler, 643-1106; or Cathy Harvey, 643-6387 after 1:30 p.m.

As a major fund raising event for the food drive, TLC is sponsoring a "Gala Ball" Dec. 4 from 7:30 p.m. to midnight. The ball will be held

at the Sacramento Association of Realtors Auditorium, 2003 Howe Avenue. Tickets are \$100 per person or \$1000 for a corporate sponsorship. Contact Mary Watts for information or tickets.

Let's make this year's drive another generous community effort to alleviate hunger during this holiday season.

There is no greater joy than sharing with others.

### Chapel welcomes you



U.S. Air Force Photo by Laura J. Williams

The Chapel is Bldg 1420, 5726 Dudley Blvd.  
The Chapel phone number is 643-6021.

#### Catholic Services

Monday - Friday Mass - Noon  
Saturday Reconciliation - 4:30 p.m. with appointment  
Saturday Mass - 5:30 p.m.  
Sunday Mass - 10 a.m.

#### Protestant Services

Sunday - 8 a.m.  
Sunday - 11:15 a.m.



## Holiday in the hangar

The base-wide Holiday in the Hangar Party is set for Dec. 16. It will be held in Butler Hangar, Bldg. 360 from 1 to 4:30 p.m. There will be food, entertainment, door prizes and a festive atmosphere.

Tickets will cost \$3 each. A list of ticket seller's and prizes will be published in next week's issue of the *Spacemaker*. Two hours of administrative leave will be granted to all ticket bearing personnel who attend the party.

If you are interested in helping the planning committee, contact Dave Mettler, 643-0372, or Steve Morris, 643-0369.



# CE carpenter needs leave donations to fight cancer

Edward Rivera  
Staff Writer

With the McClellan Air Force Base closure, and jobs relocating for one place to another, everyone is fighting for job security. But for one McClellan employee that battle is overshadowed by his fight for life.

Dennis W. Svendsen, a carpenter with the 77th Civil Engineer Squadron, has been battling bladder cancer for the past nine years. Since his diagnosis in 1989, while working at the Mare Island Naval Shipyard, Vallejo Calif., Svendsen has had to bear two to three operations combined with chemotherapy annually.

Recently, Svendsen's prognosis has become grave. The cancer is spreading through the bladder wall. "Because the cancer has become active and aggressive, it will be fatal if the entire bladder and prostate gland aren't removed," said Svendsen a former Marine and Vietnam veteran.

Although Svendsen has every trust and confidence in his doctors, the recovery time poses an added dilemma for him. Doctors can't predict his recovery time, which can range from three to 15 months.

"Because I have had to continually take three to four weeks of leave at a time, I have exhausted all of my sick and annual leave," said Svendsen.

Additionally, Svendsen was denied mortgage insurance, making an early retirement virtually impossible for him. Although some people have donated leave to him, it isn't enough to take him through his recovery timeline.

"We've been getting about two calls per day asking about leave donations for Mr. Swede," said Tech. Sgt. Curtis A. Jennings, 77th CES NCOIC vertical repair shop. "Donations have ranged from a few hours to a couple of days."

"I have donated in the past and not really thought about it much," said Svendsen. "I never thought I'd ever be on the other side. I thank everyone who has donated leave to me. I shows that people really do care."

In order to give Svendsen the best possible chance for recovery, his doctor's strategy is for him to undergo chemotherapy for three to four weeks followed by removing his bladder and prostate. Svendsen said to avoid the cancer spread-



Since his diagnosis in 1989, Dennis W. Svendsen, a carpenter with the 77th Civil Engineer Squadron, has been battling bladder cancer. His fight for life has exhausted all of his leave. Svendsen is in need of leave donations in order to carry him through his required recovery time.

ing, he must begin the process very soon.

"The doctors are very confident they can successfully remove the cancer; so hopefully we can get started sometime in December or January," said Svendsen, who is better known as "Mr. Swede" a nickname he picked up in Marine Corps Basic training.

"In basic my drill instructor couldn't pronounce my last name; so he asked me what kind of name was it? I said it's Swedish. From now on you answer to Swede he replied. The name stuck," he said.

Jennings said Svendsen continues to come to work and do the best he can; he helps others around him with his positive and professional attitude. "We're all trying to take care of him as best we can," said Jennings.

"It's just in my nature to want to work and help people by fixing things," said Svendsen. "Whether it's working here or at home, it helps me take my mind off of things. I always felt better when I got back to work after past procedures."

For more information on donating annual leave for Svendsen please call Tech. Sgt. Curtis A. Jennings at 643-3861.

## WHAT CAN YOU DO TO REDUCE YOUR RISK OF DEVELOPING CANCER?

Don't smoke! If you don't smoke, the most important risk factor that you control is a combination of diet and physical activity. Introducing healthful diet and exercise practices at any time from childhood to old age can promote health and reduce cancer risk.

To reduce your cancer risk, follow an overall dietary pattern that includes:

- A high proportion of plant foods (fruits, vegetables, grains, and beans)
- Limited amounts of meat, dairy, and other high-fat foods
- A balance of caloric intake and physical activity.

# Important guidelines for cancer related checkups

Courtesy of American Cancer Society

A cancer-related checkup is recommended every 3 years for people aged 20-40 and every year for people age 40 and older. This exam should include health counseling and depending on a person's age might include examinations for cancers of the thyroid, oral cavity, skin, lymph nodes, testes, and ovaries as well as for some non-malignant diseases.

Special tests for certain cancer sites are recommended as outlined below.

## Breast

Breast self-exam monthly for women aged 20 and over. Breast clinical physical examination for women aged 20-40, every 3 years; over 40, every year. This exam should be done close to the time of the scheduled mammogram. Mammography for women aged 40 and over, every year.

## Colon and rectum

Beginning at age 50, both men and women should follow this testing schedule:

Yearly fecal occult blood test plus flexible sig-

moidoscopy and digital rectal examination every 5 years.

People should begin colorectal cancer screening earlier and/or undergo screening more often if they have any of the following colorectal cancer risk factors: personal history of colorectal cancer or adenomatous polyps; a strong family history of colorectal cancer or polyps (cancer or polyps in a first degree relative younger than 60 or in two first degree relatives of any age); a personal history of chronic inflammatory bowel disease families with hereditary colorectal cancer syndromes (familial adenomatous polyposis and hereditary non-polyposis colon cancer).

## Cervical

Pap test and pelvic examination for women who are or have been sexually active or have reached age 18, every year; after 3 or more consecutive satisfactory normal annual exams, the Pap test may be performed less frequently at the discretion of the physician.

## Endometrium

Women at high risk for cancer of the en-

dometrium should have a sample of endometrial tissue examined when menopause begins.

## Prostate

Guideline Statement: Both Prostate-Specific Antigen and Digital Rectal Examination should be offered annually, beginning at age 50 years, to men who have at least a 10-year life expectancy, and to younger men who are at high risk.

Men who choose to undergo screening should begin at age 50 years. However, men in high risk groups, such as those with a strong familial predisposition.

Screening for prostate cancer in asymptomatic men can detect tumors at a more favorable stage.

The Digital Rectal Examination of the prostate should be performed by health care workers skilled in recognizing subtle prostate abnormalities, including those of symmetry and consistency, as well as the more classic findings of marked induration or nodules. DRE is less effective in detecting prostate carcinoma compared with PSA.

More cancer prevention information is available on the web at [www.cancer.org](http://www.cancer.org).

## F.Y.I.

### Space available travel

Space available sign-up/travel was discontinued at McClellan Nov. 1. Customers can contact Travis or Beale Air Force bases for assistance;

#### Beale

Comm: (530) 634-2569/2567  
DSN: 368-2569/2567  
FAX: (530) 634-2571

#### Travis

Comm: 1-800-787-2534  
DSN: 837-1854  
FAX: (707) 424-2048  
Web Site: [http://www.travis.af.mil/space\\_a/](http://www.travis.af.mil/space_a/)

### Dormitory manager needed

Consolidated Dormitory Management is looking for aggressive, enthusiastic, able bodied, level headed individuals, to fill the position of Dormitory Manager. The preferred rank is staff sergeant, but technical sergeants and senior airmen will be considered.

Dormitory managers serve two years with an option for a one-year extension. Even with the base closing, most dormitories will still be operational in the year 2000.

If you are interested in the position, call Master Sgt. Bill Williams at 643-0302 or 643-0158.

## NCOA

### NCOA meets

The Central Valley Chapter of the Noncommissioned Officers Association will conduct their monthly general membership meeting Wednesday, at 3:30 p.m. in the NCO Club. This was changed from Nov. 11 due to the Veteran's Day holiday. All members are encouraged to attend and bring a guest. We will be giving away several turkeys in time for Thanksgiving. For additional information contact Chief Master Sgt. Jim Sullivan at 643-1141.

### New meeting time for Auxiliary

The *Spirit of Sacramento* NCOA Auxiliary will hold their monthly general membership meeting on Wednesday, at 7:00 p.m. in the Officers' Club. This was changed from Nov. 11 due to the Veteran's Day holiday. The auxiliary is open to spouses/former spouses, widows/widowers, and immediate domiciled family members 18 years of age or older of enlisted service members, whether active duty, separated, veteran, Reserve or National Guard, in grades E-1 through E-9. All members are encouraged to attend and bring a guest. For more information please contact Tammy Sullivan at 568-4123 or 648-1734.

### NCOA/AFSA holiday party

The McClellan Chapters of the Noncommissioned Officers Association and Air Force Sergeants Association will hold their combined Christmas Party Dec. 4 at the NCO Club. No host cocktails begin at 6 p.m. with buffet dinner served at 7 p.m. Tickets are \$13 and may be purchased from AFSA or NCOA members. The evening includes music, gift exchange and a visit from Saint Nick. For additional information, contact Nick Everett at 331-8570 or Chief Master Sgt. Jim Sullivan at 643-1141.

## Leave Donations

The following people have need of leave:

Karen Frazier, an accounting technician assigned to the Defense Commissary Agency. If you want to donate annual leave to her, contact Christine K. Boswell at 569-4787 for the appropriate forms.

Carole Wood, a supply technician assigned to Technology and Industrial Support Directorate and Dennis Svendsen, a maintenance mechanic assigned to the 77th Civil Engineer Squadron Maintenance Division. If you can donate an hour, a day or a week of annual leave, under the provisions of the Leave Transfer Program, contact your servicing Employee Relations Specialist for the necessary forms.

Kristine Carlson, a secretary assigned to the 99th Reconnaissance Squadron, Beale Air Force Base needs leave. If you can donate annual leave to her, contact Tech. Sgt. Judy Vera, DSN 368-2190, Commercial 1-530-634-2190 or Mrs. Dalton DSN 368-2255 for the necessary forms.

## EEO

### EEO counselors available

Equal Employment Opportunity counselors are available to counsel civilian applicants or employees regarding retaliation or discrimination. In order for complainants to preserve their entitlement to file a formal complaint, contact with an EEO counselor must be made within 45 calendar days of the alleged discriminatory offense or personnel action.

For information regarding the discrimination complaint process, please call the EEO office at 643-3791.

## For Sale

### DRMO sale

The Reutilization and Marketing Office at McClellan AFB is conducting a Local Sealed Bid Sale. The bids are to be opened on Thursday. Items to be sold include: automatic data processing equipment, office/household furniture, hardware, electronic equipment, metal storage cabinets, generator set, and lots more. There are over 400 items in this sale. Property is combined in like commodity groups and sold in various size lots.

Viewing is permitted Nov. 16 - 18 from 7:30 a.m. to 3 p.m. at the DRMO facility, Bldg. 700E.

Bids will be accepted until 7:30 a.m. Thursday. The public is encouraged to participate. You may download a catalog from [www.drms.dla.mil](http://www.drms.dla.mil).

For further information, contact the local DRMO office at 643-3830.



McClellan  
Crime Beat



Compiled by Senior Airman Lisa Baylis  
77th Security Forces Squadron

The following incidents were selected directly from the 77th Security Forces Squadron daily police blotters.

Oct. 1

The Base Exchange reported that they had detained an individual for passing fraudulent checks, security forces responded. Further investigation revealed the individual also possessed a stolen military identification card and drug paraphernalia. The individual was barred from the installation for a period of ten years, cited into Federal Magistrate’s court and remanded to the Sacramento County Jail on Federal Hold awaiting trial.

Oct. 5

Security forces patrolmen responded to the parking lot of Bldg. 944 (dormitory) for a report of a physical altercation. Further investigation revealed that the military members involved were under the influence of alcohol. Contact was made with each individual’s First Sergeant and commander, who responded. Commander’s action pending.

Oct. 8

The son of a retired military member was detained at the Capehart Shoppette for shoplifting. The individual was released to his sponsor. His shopping privileges were suspended for a period of six months.

Oct. 9

A retired military member was detained by the Peacekeeper Gate Sentry for suspected driving under the influence of alcohol. Patrolmen responded to investigate, which revealed the individual was in possession of a weapon and open containers. He was apprehended, base driving privileges suspended for one year and cited into Federal Magistrate’s court.

Oct. 10

The wife and son of a military member were both detained at the Base Exchange for unauthorized entry into an AAFES facility while on suspension of Exchange privileges. The individuals were escorted to the law enforcement desk for processing, their suspension was extended for 12 months for attempting to enter the Exchange.

Oct. 11

A civilian employee was detained at Palm Gate for driving under the influence of alcohol. The individual was apprehended and cited into Federal Magistrate’s court. The individual’s driving privileges were suspended for one year.

Oct. 18

The son of a retired military member was detained at the Base Exchange for unauthorized entry into an AAFES facility while on suspension of Exchange privileges for a previous shoplifting incident. The individual was escorted to the law enforcement desk for processing. His suspension was extended for an additional six months.

Oct. 20

The son of a military member and two non-base affiliates were detained adjacent to the baseball fields in Capehart Housing for trespassing. Further investigation revealed the individuals were in possession of drug paraphernalia and a weapon. They were transported to the law enforcement desk for processing. Contact was made with the parents who then responded. The installation commander barred the dependant from living in base housing or entering the installation until base closure. Action on non-base affiliates is pending.

Oct. 22

A retired military member was detained by the Palm Gate Sentry for suspected driving under the influence of alcohol. Patrolmen responded to investigate, which revealed the individual was in possession of a weapon and open containers. He was apprehended, base driving privileges suspended for one year and cited into Federal Magistrate’s court.

Oct. 23

The grandson of a retired military member who was sponsored in the Base Exchange was detained for shoplifting. The individual and his sponsor were transported to the law enforcement desk for processing. The installation commander barred the grandson from the installation and released him to his sponsor.

Oct. 28

A non-base affiliate was

Did you know?

No person shall operate a motor vehicle when that person’s driving privileges are suspended or revoked (with no-bail and a mandatory appearance in court.) For any person issued a citation on the installation, the violation will be filed against the person’s driver’s license. [Reference: California Vehicle Code (CVC) 14601]

detained by the Peacekeeper Gate Sentry for driving with a suspended/revoked driver’s license. Investigation revealed the individual was in possession of controlled substances and paraphernalia. The individual was apprehended, transported to the law enforcement desk for processing then cited into Federal Magistrate’s court.

Oct. 29

The law enforcement desk received notification of a major vehicle accident at the intersection of Dudley Blvd. and Palm Street. Patrolmen responded to investigate, which revealed that in an attempt to avoid a pedestrian, a retired military member’s vehicle struck the vehicle of the widow of a military member. The female dependent was transported to Bldg. 98, McClellan Clinic, for the treatment of neck, shoulder and heart pains. Two non-base affiliates were detained by the Peacekeeper Gate Sentry for possession of drug paraphernalia. Further investigation revealed both had active no-bail warrants. Contact was made with California Highway Patrol who requested custody of the individuals and placed them in the Sacramento County Jail. The vehicle was towed to a CHP impound lot.

Oct. 30

A patrol detained a reserve military member on Dudley Blvd for suspected driving under the influence of alcohol. The individual was transported to the law enforcement desk for processing, base driving privileges were suspended for one year and cited into Federal Magistrate’s court. A military member was detained by the Palm Gate Sentry for suspected driving under the influence of alcohol. Patrolmen responded to investigate, the driver’s base driving privileges were suspended for one year. Contact was made with the member’s First Sergeant and Commander who responded. Commander’s action pending.

Military Justice Update

Courtesy of the Judge Advocate General’s Office

Article 15s:

Date Processed: Oct. 16  
Rank: Staff Sgt.  
Offense: Article 111: Physically controlling a vehicle while intoxicated  
Punishment: Reduction to the grade of Senior Airman,



suspended; forfeiture of \$716.85 pay per month for two months, suspended; 10 days extra duty; reprimand

Date Processed: Oct. 26  
Rank: Senior Airman  
Offense: Article 134: Drunk and Disorderly  
Punishment: Reduction to the grade of Airman First Class, suspended; reprimand



## Now showing at the Base Theater

### Simon Birch - Friday

*Ian Michael Smith, Joseph Mazzello* - From the day he was born, Simon Birch was different. No bigger than a baby bird, doctors predicted he'd never last through the night, but he did. They said he'd never last through the week, but he did. Simon grew up with an unwavering belief that he had been made for a special reason. Rated PG (language, emotional thematic elements, an accident scene) 110 minutes.

### Rush Hour - Saturday and Sunday

*Jackie Chan, Chris Tucker* - The daughter of the Chinese Consul is kidnapped. As the FBI scrambles to save the young girl's life, the Chinese Diplomat turns to the only one he can trust, Hong Kong Police detective Lee. PG-13 (sequences of action violence, shootings, language) 97 minutes.

**Movies start at 7 p.m. in Bldg. 1417**



### Youth Center

**Today:** Open recreation, 2 - 6 p.m.; Open gym, 2 - 6 p.m. snack bar, 2 - 6 p.m.; Pre-teen Night, 6:30 - 9 p.m.; ages 9 - 12, non-perishable food donations appreciated.

**Saturday:** Open recreation, noon - 5 p.m.; snack bar, noon - 5 p.m.

**Sunday:** Closed

**Monday:** Open recreation, 2 - 7 p.m.; open gym, 2 - 7 p.m.; snack bar, 2 - 7 p.m.

**Tuesday:** Open recreation, 2 - 7 p.m.; Open gym, 4:15 - 6 p.m.; Beginning Gymnastics 2:15 - 3:15 p.m. and 3:15 - 4:15 p.m. Tae Kwon Do, 6 - 7 p.m. Mom and tots group 10 - 11 a.m.

**Wednesday:** Open gym, recreation, and snack bar 2 - 7 p.m.; Couples Communication Class, 6:30 - 7:30 p.m. To sign up, call Family Advocacy at 643-1518.

### Recreation Briefs

#### Fun run

The Talbot Fitness Center will have a Turkey Trot Fun Run Thursday at noon. Participants will get a T-shirt.

#### Bowling special

During November, Camellia Lanes is having a "bowl you over special." Get a bowl you over card when you buy a combo meal. After three purchases, you bowl free.

#### Beat the staff

The Lawrence Links staff is ready to take on anybody Nov. 29. Make up your own team for this 4-person scramble challenge.

#### Correction

In the Oct. 8 issue of the *Spacemaker*, an article was published about physical therapy and proper treatment of muscles.

The photo of an employee lifting materials while wearing a back support belt that accompanied the article was selected by the editorial staff in error.

The DoD, the Air Force, and the article's author do not support their use in the prevention of back injuries.

### 10 GREAT WAYS TO CELEBRATE

AMERICA RECYCLES DAY 1998

### The Second Annual "America Recycles Day" is Sunday. Celebrate with the following ten recycling tips:

1. Commit to "Buy Recycled" at home and comply with federal and DoD mandates requiring federal installations to buy and use recycled-content products at your office.
2. Organize a display of recycled-content products at your office or work area. Don't keep it a secret!
3. IMPAC Account Holders, "Ask local retailers to stock more products made from recycled materials." The GSA and local business have recycled-content products. Sometimes you have to ask.
4. Look for "safe bets" that always have recycled content, such as steel, aluminum, glass, paper products, egg cartons, and cereal boxes.
5. Purchase remanufactured products and equipment like copier and bond printer paper, toner cartridges, office furniture, auto parts, re-refined oil, or retreaded tires.
6. Teach co-workers why, "If you're not buying recycled, you're not really recycling."
7. Purchase products you know can be recycled by McClellan Air Force Base; and at home, your local recy-

clers.

8. If one of your favorite products does not have recycled content, call the manufacturer and ask them to change it.

9. Read product labels and look for the highest percentage of recycled content (especially post-consumer content). Beware of recycling triangle symbol. It doesn't necessarily mean that a product has any recycled content. It may simply be there to remind the consumer to recycle.

10. Act by buying a recycled product today. Make every day America Recycles Day.

Want to learn more about how you can buy recycled? Want to win a \$200,000 house made primarily from recycled-content products? Visit the America Recycles Day web site at: <http://www.americarecyclesday.org/ard2/index.asp>.



## Men's basketball games scheduled

The McClellan Jets will take on the Vandenburg Air Force Base Eagles Friday and Saturday at the Talbot Fitness Center, Bldg. 1438.

Gametimes are:

Friday 8 p.m.  
Saturday 2 p.m.

## Football Frenzy

Club members watch Monday Night Football games at the NCO and Officers' Clubs.

Win T-shirts, \$150 gift certificate for Pro Team Sports Catalog, tickets to see the Dallas Cowboys play the New Orleans Saints in New Orleans, tickets to the Super Bowl in Miami and tickets to the Pro Bowl in Hawaii.

Each trip includes round-trip airfare for two, hotel accommodations and a rental car.



For more information, call the Officers Club at 643-3526 or the NCO Club at 643-5977.



# P.A. CORNER



*P.A. Corner is another service provided by the Medical Group to better serve the base community.*

*Answers to medical questions that you may have will periodically appear in this column as they are submitted to: P.A. Hill, c/o Family Practice Clinic, McClellan AFB, 643-8301.*

With salmon swimming up the Sacramento River and duck hunters flocking to the fields, it can only mean one thing; flu season is upon us again. With flu season comes the dreaded flu shot.

It seems like each year a few people will come to the Family Practice Clinic with an upper respiratory illness (a cold) after receiving their flu shot wondering why they are sick. Then the following year, they don't get their flu shot because it didn't help the year before. This month's article is to help you better understand the influenza virus.

Influenza is a short-term upper respiratory ill-

ness that has caused world-wide outbreaks during this decade resulting in thousands of deaths. The viruses are spread mainly by respiratory droplets from coughs, sneezes, and talking. It can also be spread by hand-to-hand contact and by touching a surface that has been contaminated. Infected individuals may complain of the typical cold symptoms of cough, sore throat, headache, fever, muscle aches, and feeling of fatigue. This illness will last less than a week in most people with a few people complaining of fatigue for up to several weeks.

Each year a vaccine is developed using three inactive strains of the influenza viruses that were predicted from the previous year. There are numerous strains of influenza around the world, with only a handful being prevented by the yearly immunization. The strains which cause the most serious illnesses are typically the ones that individuals are vaccinated against.

If you receive the flu shot this year, it does not mean that you are not going to get a cold or the flu. Getting the flu shot means there is a 70 - 85 percent chance that you will not come down with the most harmful strain of the influenza virus. And, if you avoid the flu this year, there are plenty of other viruses that can make you sick such as the

rhinovirus that causes the common cold.

The flu shot is mandatory for all active duty personnel, and highly encouraged annually for those individuals at greatest risk of complications

for influenza, which includes adults and children with chronic illnesses, those over 65 years old, and individuals in daily contact with the first two groups. Chronic illnesses include cardiopulmonary illnesses such as children with asthma or adults with emphysema. This also includes individuals with kidney disease, diabetes, certain blood disorders, and those in nursing homes. Those individuals that should not receive this vaccination are those that are allergic to eggs. Healthy children and adults not mentioned above

do not need to have the yearly flu shot.

Currently only patients with chronic illnesses and active duty personnel are receiving the flu shot. The next shipment of vaccine arrived in early November for our retiree population. Retirees may receive flu shots Tuesday. If you would like to beat the rush and receive your flu shot before that, there are numerous locations around Sacramento that will give you the flu shot for a \$10 fee.

“**Getting the flu shot means there is a 70 - 85 percent chance that you will not come down with the most harmful strain of the influenza virus.**”

## Do not attempt this at home: let the professionals remove your plaque

### Courtesy of 77th Dental Group

As more oral health product manufacturers introduce dental instruments to the consumer market, more patients are seeking treatment as a result of misuse of these devices, reports the Academy of General Dentistry, an organization of North American dentists dedicated to continuing education to ensure the best possible dental care for the patient.

AGD spokesdentist Dr. Heidi Hausauer, DDS, of Alameda, California, says she frequently sees devices that resemble a scaler—an instrument used by dentists and dental hygienists for removing tartar and other deposits from the tooth surfaces—advertised in magazines and sold in the drug stores.

“I’ve had people come into the office who have used these over-the-counter dental instruments and

chipped their front tooth with them,” she says. “I’ve seen patients gauge roots and chip the enamel off lower incisors.” Misuse of the devices also can lead to periodontal abscess when tartar is pushed under the gumline.

While dentists and hygienists are trained in the proper use of dental instruments and removing tartar, they warn that patients attempting to do it themselves at home may do no harm than good. Rather than attempt to

advise patients on proper use of these devices, many tell their patients it is safest to avoid using them at all.

“I would rather see the dentist or hygienist remove tartar.” Says Dr. Hausauer. “Regular professional cleaning and dental visits are much healthier than buying something over the counter and picking at your teeth.”

*(Compliments of the Academy of General Dentistry)*

## A matter of readiness: keep yourself dentally prepared

### Courtesy of 77th Dental Squadron

Do you know your dental readiness classification? Dental readiness is an important issue because it helps to determine your squadron's mobility status.

**What is a dental readiness classification?**

It is a number that indicates the dental treatment needs of the individual. The numbers are compiled and reflect your unit's readiness for deployment. As not all deployment sites have dental care available, it is important for all outstanding dental needs to be taken care of as soon as possible to keep personnel qualified worldwide. The readiness status is tracked by the Air Force Dental Readiness Assurance Program.

**How is a dental readiness class determined?** It depends on the treatment needs of the individual.

**Class 1** means that you are current with your dental treatment. This is the optimal readiness classification.

**Class 2** means that you need a dental appoint-

ment to treat a minor condition, and should make that appointment as soon as possible. Patients in dental class 1 and 2 are considered to be worldwide qualified and may be deployed.

**Class 3** means that you have a more serious problem that requires immediate attention, as it would be likely to cause an emergency condition that may not be able to be treated on a deployment. You should make an appointment as soon as possible if you don't already have one scheduled. Your treatment is being monitored. Your unit may be notified, and you may be placed on profile if you are not making sufficient progress toward getting out of class 3.

**Class 4** means that we don't know what your dental condition is. Because you haven't been in for your dental exam in over a year, we don't know if you have any dental needs. These appointments are scheduled by your orderly room. Personnel in class 3 and class 4 status are not worldwide qualified, are not deployable, and reflect adversely on the individual squadron's readiness status. The DoD goal is to have 95percent of personnel in dental in dental class 1 and 2.

“**Personnel in class 3 and class 4 reflect adversely on the squadron's readiness status.**”

**How do I find out my dental readiness status?**

If you have any questions about whether you need a dental appointment, give us a call at the dental clinic and we can check your record for you. Your squadron health monitor can tell you if you are in class 4.

**Who is responsible for squadron dental readiness?**

The squadron commander is ultimately responsible for the readiness status of the squadron's personnel. The squadron health monitor notifies individuals when it is time for an examination and keeps the commander and first sergeant informed of any problems. Each individual is responsible for keeping him/herself in the highest possible state of readiness. The friendly people at the dental squadron are available to make appointments and help you get yourself “dentally ready.”

**What number do I call if I need a dental appointment?**

Call your squadron's dental health monitor if you need an appointment for an annual examination. If you need a treatment appointment, call the dental reception desk at 643-5341. We are here to help you and your squadron achieve your readiness goals.



## EAF

CONTINUED FROM PAGE 6

While OPTEMPO is definitely on your mind, it's only the tip of the iceberg. I've also heard about how the lack of spare parts is driving our maintainers to 12-hour days as the norm.

This situation is unacceptable and must be changed. To keep parts available, we've added about \$1 billion to spares and depot repair accounts since 1997, and we're working hard to improve depot productivity. We've put spares and repairs high on the list of items for which we seek additional funding in Fiscal Years 1999 and 2000.

It takes 18 to 24 months to turn money into spares, so our sustained emphasis on spares and depot maintenance funding should start to pay off soon.

What concerns me most — and what I am tracking most closely — is retention. Our retention rates are alarmingly low, and the reason seems clear. Many of you have told me that "erosion of benefits" is causing you to leave the Air Force. Whatever the reason, it's clear that our success depends on being able to retain good people to operate and support our high-tech machines. We must make Air Force life more appealing than it currently is.

Think about this: between now and 2001, 90% of our enlisted people — more than 265,000 airmen — will face a re-enlistment decision. If you're one of them, or if you're an officer about to make a career decision, please consider the following facts about benefits:

— First, we know military pay has lagged behind civilian pay. But change is in the air. The President, Secretary of Defense, and Congress have committed to substantial pay increases over the next few years.

— Second, we're working the retirement issue. General Ryan, the Joint Chiefs of Staff, and I are pushing for retirement reform to ensure every military retiree will receive adequate and equitable benefits. Congress has already begun to debate a reversal of the 1986 "Redux" retirement cuts.

— Third, we're working to improve TRICARE. I know the new system has had a rocky start, but I believe it's getting better as it matures. To make sure this is the case, I've asked the Inspector General to conduct an independent survey of TRICARE users in areas where TRICARE has been established for several years. I should have the results of this



U.S. Air Force Photo by Henry Walker

(Left to Right) Combined Federal Campaign representatives: Jan Metrogen, Bobby Favila, Col. Keith Caudle, Lt. Elgin Manigo, Malachi Smith, Sacramento CFC director, Capt. Paul Bednarczyk, Mark Hoag, 1998 United Way Chairman, Janice Lancaster, and Maria Rendon display a check for \$604,000 raised by base employees throughout the CFC campaign from Sept. 1 to Oct. 9.

survey by early next year and will take prompt action if needed.

My point is we don't want to lose you. If you are considering separating, please get all the facts (pay, benefits, job challenges and responsibility, future ini-

“***I'm counting on leaders at all levels to help our people overcome the significant challenges we face, but I'll need the help of the entire Air Force team. I hope I can count on you!***”

tiatives) and discuss your options with your families and other members of our Air Force team — co-workers, supervisors and commanders. I use the word “team” for a good reason. I worked in the private sector for more than 25 years, and I guarantee you will not find in most private-sector jobs the teamwork, high quality co-workers, trust and camaraderie you enjoy in your unit.

You owe it to yourself to “look before you leap.” Ask yourself these questions as you look: Do I enjoy the people I work with? Do I enjoy what I'm doing? Do I feel good about serving my country?

Our goal is to help you answer those questions so you, your family, our Air Force and America all win. If you can't answer “yes,” tell us why. I know we won't be able to resolve all your concerns, but we'll do our best to focus resources where they have the greatest positive impact on our people and on national security.

We have the best people in the world, and thanks to you, our Air Force remains ready to perform its critical mission. For too long, you've been forced to choose between your own needs — and those of your family — and the needs of our Air Force. General Ryan, Chief Benken and I will do all we can to ensure we develop and implement policies that help rather than hinder you in accomplishing the missions you perform so well.

I am honored to serve as your Acting Secretary. As I look to the future, I know it will be a team effort that will sustain our success. I'm counting on leaders at all levels to help our people overcome the significant challenges we face, but I'll need the help of the entire Air Force team. I hope I can count on you!

## McClellan Commemorative Album delivery date delayed

To all who have ordered a McClellan Commemorative Album; the McClellan Commemorative Association continues to work very hard to complete and distribute the album as soon as possible. However, we have experienced some difficulties in layout and a number of our key people left in September. Both of these occurrences have delayed our publishing time table.

Everyone who has ordered an album should have received a card in July advertising a November distribution date. This was our plan, and we had hoped to have the album completed in time for Christmas. However, we probably will not meet that time schedule.

We will get the album to you as soon as we possibly can. We are working very hard to produce a quality product that you will be proud to own. More than speed, we want to assure the story of McClellan Air Force Base is told as well as we can possibly tell it. Although we have not yet projected a new delivery date, we will keep you updated on our progress.

In addition, the Association is not taking any more orders for the album. However, limited quantities will be available through the McClellan Aviation Museum Gift Shop. Contact them at 643-3192.

We apologize for the delay, and thank you for your patience. If you have any specific concerns or questions, please e-mail us at [MCAalbum@aol.com](mailto:MCAalbum@aol.com).

